



DIABETIC INSTRUCTIONS

If you have frequent high or low blood sugar or other difficulty with your regular diabetes or blood sugar control, please call your prescribing physician for instructions on adjusting your diabetic medication prior to your procedure. Otherwise follow the instructions below. Please bring your glucometer and testing supplies with you to your procedure. You should check your blood sugar before coming into Wyoming Endoscopy Center and tell your nurse when you arrive.

PLEASE HOLD ANY GLP1 agonist for weight loss or diabetes for 1 week (tablets 24 hours) prior to your scheduled procedure. These must be stopped prior to procedure due to increased risk of delayed gastric emptying. These medications include but are not limited to: Dulaglutide (TRULICITY), Exenatide (BYETTA), Exenatide Extended Release, (BYDUREON BCISE), Liraglutide, Saxenda (VICTOZA), Lixisenatide (ADLYXIN), Semaglutide, Wegovy, Rybelsus (OZEMPIC) and Tirzepatide (Mounjaro).

If you take any of these medications for blood sugar control, please contact your prescribing Provider for instructions. Not stopping these medications can result in cancelation of your procedure or require you to have a repeat procedure.

Diabetes Managed with Insulin:

1. The morning of the procedure, DO NOT TAKE ANY HUMALOG, NOVOLOG, APIDRA or REGULAR INSULIN. You may take 1/2 of your NPH or LENTE Dose.
2. If you take Lantus Insulin, do not change your dose
3. If you are using an insulin pump, continue your usual basal rate
4. Check for low blood sugar the MORNING of your procedure and report the level to the nurse when you arrive at the endoscopy center
5. IF YOUR BLOOD SUGAR IS LOW, YOU MAY TAKE GLUCOSE TABLETS OR A SMALL AMOUNT OF JUICE (less than 1 cup). UP TO 3 HOURS PRIOR TO YOUR PROCEDURE.
6. Resume your normal insulin dosage when your procedure is complete, and you are eating well

Diabetes Managed with Oral Medication:

1. Do not take diabetic pills the morning of your procedure
2. Check for low blood sugar the MORNING of your procedure and report the level to the nurse when you arrive at the endoscopy center.
3. IF YOUR BLOOD SUGAR IS LOW, YOU MAY TAKE GLUCOSE TABLETS OR A SMALL AMOUNT OF JUICE (less than 1 cup), UP TO 3 HOURS PRIOR TO YOUR PROCEDURE.
4. Resume your normal diabetic medication when your procedure is complete, and you are eating well.

If you have any additional questions or concerns regarding your medications prior to your procedure, including the day of, please contact the Wyoming Endoscopy Center at 307-426-0698 and ask to speak with a nurse.