

WHAT TO BRING AND DO PRIOR TO PROCEDURE:

- Please bring your PHOTO ID and INSURANCE CARD.
- Please bring a list of your current medications (including non-prescription) and allergies.
- **YOU MUST HAVE A DRIVER 18 YEARS OF AGE OR OLDER WHO WILL ACCEPT RESPONSIBILITY AND DRIVE YOU HOME.** They will be notified when your procedure is over and MUST be present at the time of discharge to receive instructions and teachings. You are NOT allowed to take a bus, taxi, walk home etc.
- If you do not have a ride, your procedure will be cancelled or rescheduled.
- You should plan to be at our facility for at least 1 1/2 hours.
- If you use any inhalers, please bring them with you to your appointment.
- Read prep instructions THOROUGHLY.
- DO NOT DRINK ANYTHING FOR 3 HOURS BEFORE YOUR PROCEDURE.
- If your procedure is scheduled for the following times, then your driver must stay at the Wyoming Endoscopy Center. They may not leave the premises. Monday - Thursday at 4:00pm or 4:30pm Friday at 10:30am or 11:00am

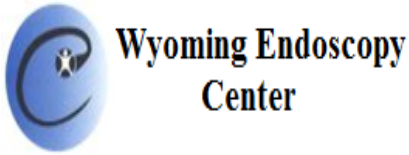
The Wyoming Endoscopy Center is located just North of Digestive Health Associates. The address is 7220 Commons Circle, Cheyenne WY 82009 and the phone number is 307-462-0698.

EGD Instructions

- **PLEASE HOLD ANY GLP1 agonist for weight loss or diabetes for 1 week** (tablets 24 hours) prior to your scheduled procedure. These must be stopped prior to procedure due to increased risk for delayed gastric emptying. These medications include but are not limited to: Dulaglutide (TRULICITY), Exenatide (BYETTA), Exenatide Extended Release, (BYDUREON BCISE), Liraglutide, Saxenda (VICTOZA), Lixisenatide (ADLYXIN), Semaglutide, Wegovy, Rybelsus (OZEMPIC) and Tirzepatide (Mounjaro).
- If you take any of these medications for blood sugar control please contact your prescribing Provider for instructions. Not stopping these medications can result in cancelation of your procedure or require you to have a repeat procedure.

5 Days prior to your procedure: [_____]

- If on blood thinners please make us aware, but you will need to consult with prescribing physician for possible hold or alterations of blood thinner (Coumadin, Warfarin, Pradaxa, Xarelto and Eliquis)
- If you are **diabetic**, please see Diabetic Instructions.



1 Day prior to your procedure: [_____]

If you take a GLP1 inhibitor please begin clear liquids 24 hours(_____) prior to your procedure, to allow time for your stomach to empty and decrease risk of procedure complications.

- If you do not take a GLP1 inhibitor please begin clear liquids 12 hours (_____] prior to your procedure.

Day of your procedure [_____]

- Continue Clear liquids, NO SOLID FOODS the day of the procedure.
- Morning medication may be taken as usual, with the exception of the above listed medications but they MUST be taken 3 hours (_____) prior to your procedure.
- You may have clear liquid diet the day of your procedure until 3 hours prior to your procedure [_____] prior to your procedure time.

3 HOURS PRIOR TO YOUR PROCEDURE, YOU MAY NOT HAVE ANYTHING BY MOUTH, including clear liquids, candy, mints, gum and no smoking or electronic cigarettes. Please do not use chewing tobacco for 6 hours prior to your procedure. Failure to follow these instruction could result in your procedure being cancelled.

Please do not bring any valuable items to the Wyoming Endoscopy Center, however, please remember to bring your insurance cards and photo ID. We will not be held responsible for replacing any lost or misplaced items. Thank you.

CLEAR LIQUID DIET

- water, sports drinks, energy drinks, clear sodas (7-up, sprite, ginger ale) tea, black coffee, juice without pulp
- Clear broths, gelatin, popsicles (yellow or green)
- sugar, honey, syrup and hard candy
- DO NOT EAT ANYTHING RED OR CONTAINING RED DYE
- avoid flavors such as: strawberry, cherry, watermelon, grape and orange.

NO SOLID FOODS, NO MILK PRODUCTS, NO ORANGE JUICE and NO ALCOHOL